



Are you an international student having trouble at work?

You are not alone, there are people who can help.
Find out where you can get the help you need.



Use the student support services available to you

This is useful when

- you want to talk to someone about a workplace issue
- you want to be referred on to other services (such as legal services) and need more information

What to do

Organise a time to talk about your issue. Student services may not have all the answers, but will know other organisations who can help. You can also visit the NSW Police International Students Facebook page for information on your rights. Search 'NSW police international students'.

Get help from the Fair Work Ombudsman (FWO)

This is useful when

- you want to know more about your rights and protections in the workplace
- you want help to solve a workplace issue, or to make a complaint

What to do

Contact the FWO for free information and advice. You can get advice without saying your name. Call the FWO on **13 13 94** or visit their website at fairwork.gov.au. You can also ask to speak to someone in your own language by first calling a free translation service at **131 450**. To report a workplace issue anonymously, go to fairwork.gov.au/tipoff.

Seek legal support

This is useful when

- you want to, or are considering, taking legal action
- you can't resolve a workplace issue

What to do

Ask student services whether your education provider has any partnerships with free legal services. Call the International Student Legal Service NSW on **02 9698 7645** for free and confidential legal advice. See also rlc.org.au/our-services/international-students. Ask if your education provider has access to My Legal Mate – an app that gives legal advice to international students in multiple languages.

Even if you are having issues at work, there might be reasons why you choose to stay at your job or not raise the problem. Sometimes that makes sense, but remember,

nothing will change if you do not take action.